Am I Joined to the Challenge?

Step 1: Go to www.fitbit.com from a computer or laptop (not from your smartphone).

Step 2: Login using your fitbit associated email address and password, to get to your dashboard.

Step 3: Check and see if you have a “My Wellness” tab across the top navigation options in the white banner (red circle below) which displays the teams.

IF YES, you are joined to the Move More Challenge!

Step 4: IF NO, you need to click the gear icon in the upper right corner of your Dashboard (red circle below). Scroll down to Settings.
Step 5: On the left-hand menu, select **Fitbit Wellness**. Then click “JOIN” to be taken to the program invitation screen.

If you do not have a **My Wellness** tab or a Fitbit Wellness choice under **Settings**, email your fitbit associated email address to healthyemory@emory.edu with “I need an invitation to Join” in the Subject line.