To register for the Colorful Choices Challenge you must complete TWO Steps:

1. Create a Health Fitness Account
2. Create a Colorful Choices Account

HOW TO CREATE A HEALTH FITNESS ACCOUNT:

Go to  [https://healthyemory.biovia.healthfitness.com](https://healthyemory.biovia.healthfitness.com)

Click the “Set Up Account” button on the bottom right hand corner of the screen.

Fill out the requested information under the “Get Started” tab. Your unique ID is your Employee ID number (only 7 digits).
Click the “Continue” button until you are finished. Once you have filled out the requested information, you will be redirected to the Health Fitness Emory homepage. This is where you can register for Colorful Choices.

HOW TO CREATE A COLORFUL CHOICES ACCOUNT:

You can register for Colorful Choices by using the link on the left navigation bar under “Challenges” OR by clicking on the Colorful Choices link in Activity Feed Post OR by clicking on the Colorful Choices link in the To Dos list.

Once you click on the link, you are sent to the Colorful Choices website. Beginning with the welcome page, you can click through a series of web pages that explain the program and how it works.
After clicking on “Register” you are taken to a screen that looks like the one below. Enter your personal information here, making sure to include an e-mail address (personal email or work email). In order to participate – the program requires you to have, and enter, an email address.

Register

Register today and start making Colorful Choices.

With Colorful Choices you not only learn how to add variety into your eating habits, but you also take a significant step toward managing metabolic risk.

You may begin recording your progress on **February 24th**

Name and Email

First name: ___________________________ Last name: ___________________________

Email: ___________________________ Retype Email: ___________________________

Michelin Facility (For spouses, please list the Employee’s Facility)

- Choose -

Location:

- Choose -

Gender:

- Choose -

When it comes to achieving or maintaining a healthy diet, pick the statement that describes you best:

- Choose -

How many fruit servings do you eat in a typical day? What’s a serving?

- Choose -

How many vegetable servings do you eat in a typical day? What’s a serving?

- Choose -

I agree to have my Colorful Choices data compiled and displayed in secure reports as described in the participant confidentiality document.

[Join]
Make sure to click on the “Join” button when you finished entering your personal information.

**NOW YOU ARE ENROLLED** – your next steps

Once you complete the above steps you are enrolled in *Colorful Choices!*

You will see the web page below. You will also receive an automated “Welcome” email confirming your registration. All registration steps must be completed before you can begin logging produce choices. There are links on the last page of the registration process (shown below) that take you to the different features of the challenge.

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**OPTIONAL CHOICE:** DOWNLOADING and USING the MOBILE APP

You can use the *Colorful Choices* mobile app as a companion to the website. Log activity (simultaneously syncs with your online account), view recipes and team rankings on the go!

The Getting Started page “Get the App!” icon. You will see the icon in the upper right hand corner of the Getting Started page. This image will no longer be viewable once you download and log into the app on your smart phone.
When you click on the “Get the app” icon on the Getting Started page, you will see the below “WE’VE GONE MOBILE” screen. The content “create a mobile password” will be a hyperlink that directs you to your profile page to create a mobile password to use when logging into the app once it is downloaded. Your first step is setting up this password (you may want to use your Health Fitness account password for your mobile app password). The Google Play and App Store icons are clickable and will direct you to the app stores to download the mobile app. You will go to Google Play or the App Store “after” you have followed the hyperlink to create a mobile password.
First step to download the Mobile App - You will create a mobile password in your profile. When you first go to your profile page you will see a Password section where you can create your Mobile password. You will need to type in your password and confirm the password, then click Update at the bottom of the page. Please note the password needs to be a minimum of 4 characters.

Second step to using the App – Once your password is established, go to Google Play or the App Store, search for the app (named Colorful Choices) and download the app. You can download and use the App on an iPad device or any smart phone.
**IMPORTANT** - If you try to log onto the app without creating a mobile password on your website first, you will receive the following message on the mobile app: