In 2017, 3,586 Emory employees found relief from “Refresh From Stress: The 30-Day Inspiration” – an increase of 12% from 2016.

- **Participants in webinar series**: 8,179
- **“Know Your Numbers” webinar series**: 59,456
- **Uses of blood pressure kiosks**: 61,039
- **20th Anniversary**:
  - 41,158 visits
  - 10% increase in membership
- **LAUNCHED!**
  - BLOMEYER AT EMORY
  - ACTIVE Works
  - national walking day 2017
  - 200 shoe donations
- **PARTICIPANTS IN WELLNESS CHAMPION-LED PROGRAMS**
  - Physical Activity: 3,418
  - Nutrition: 1,005
  - Stress Management: 618
- **ENTREES @ EMORY HEALTHCARE**: 162,000
- **ENTREES @ CAMPUS DINING**: 614,000
- **SIDES @ CAMPUS DINING**: 832,000
- **Colorful Choices**: 65% participants over 2016
- **SMARTPATH FINANCIAL WELLNESS PROGRAM @EHC**
  - 1,039 personal finance class participants
  - 612 enrolled in budgeting app
  - 180 enrolled in financial coaching benefit
- **65%*** more than last year! 
- **34%*** of vending machine sales are healthy snacks!